



Competition Coaching Options & Pricing 2017 / 2018

Full Coaching Package

Total of 15 Private Lessons plus bonuses

(We recommended that you start at least 6 months prior to the competition. The schedule can be accelerated if you start with less time.)

What's Included	When we do it	Why is this important	Value
1 Vision and Planning Private (1 hour)	This is your first lesson	Music selection, mapping your song, finding target moments, selecting key pole moves, identifying your strengths and weaknesses. Making a plan for your routine. How can we work together to make your vision a reality?	\$30.00
10 private lessons (each 1 hour)	Every other week for 5 approx months	Detailed work on choreo flow, technical skills, transitions, musicality, stage presence, etc.	\$500.00
4 private lessons (each 30 minutes)	Weekly in the month before comp.	Full run through rehearsals to identify and fix any weak sections and play up the strong ones. Two of these should be full dress rehearsals.	\$100.00
4 Video Based Reviews & Critiques	After each of the 4, 30 minute private lessons	Video gives you the ability to really see yourself and what I'm talking about with my coaching. You can always record video in your privates and I will always help point out different things in the recording. However, a Video Based Review & Critique goes beyond the studio. We will take the video during the lesson and then I will take it home to really study it. I will post it to a private URL online with timestamped notes for you to study and review.	\$80.00
Help with Choreography & Concept	From start to finish	While the choreo is going to be yours, I will help you beyond the Vision and Planning Private, by listening in detail to your music and coming up with ideas for new moves and combos that you may enjoy fitting into your concept.	Avg. \$50/hr
General Costuming Advice	From start to finish	Tips on costuming, sourcing materials, how to embellish for the stage, & connecting you with further resources.	Avg. \$25/hr
Free Open Studio times	2 months before comp.	Not everyone has a pole at home. We want you to be able to get in enough rehearsal time.	\$5 to \$100
Total Value			~\$800.00
*PACKAGE PRICE			\$600.00
*Current Unlimited Students get 30% off			\$420.00

*Package price is available as monthly installments.

Basic Coaching Package

Total of 12 Private Lessons plus bonuses

(We recommended that you start 4-6 months prior to the competition. The schedule can be accelerated if you start with less time.)

What's Included	When we do it	Why is this important	Value
10 private lessons (each 1 hour)	Every other week for 5 approx months	Detailed work on choreo flow, technical skills, transitions, musicality, stage presence, etc.	\$500.00
2 private lessons (each 30 minutes)	In the month before comp.	Full run through rehearsals to identify and fix any weak sections and play up the strong ones. Two of these should	\$50.00

		be full dress rehearsals.	
1 Video Based Reviews & Critiques	Video taken during the 2nd 30 minute private lesson	Video gives you the ability to really see yourself and what I'm talking about with my coaching. You can always record video in your privates and I will always help point out different things in the recording. However, a Video Based Review & Critique goes beyond the studio. We will take the video during the lesson and then I will take it home to really study it. I will post it to a private URL online with timestamped notes for you to study and review.	\$20.00
Free Open Studio times	2 months before comp.	Not everyone has a pole at home. We want you to be able to get in enough rehearsal time.	\$5 to \$100
Total Value			~\$600.00
*PACKAGE PRICE			\$450.00
*Current Unlimited Students get 30% off			\$315.00

*Package price is available as monthly installments.

Review & Critique Only

Total of 12 Private Lessons plus bonuses

(We recommended that you start 4-6 months prior to the competition. The schedule can be accelerated if you start with less time.)

What's Included	When we do it	Why is this important	Value
30 minute review session	You will likely want to do a couple in the 1-2 months prior to comp.	Full run through rehearsals to identify any weak areas with tips and advice on how to clean up the routine. Full dress is recommended.	\$25.00
Video Based Review & Critique	You can take video yourself to send to me. Or we can take video during a 30 minute review or other private lesson.	Video gives you the ability to really see yourself and what I'm talking about with my coaching. You can always record video in your privates and I will always help point out different things in the recording. However, a Video Based Review & Critique goes beyond the studio. We will take the video during the lesson and then I will take it home to really study it. I will post it to a private URL online with timestamped notes for you to study and review.	\$20.00
Total Value			~\$45.00
Group them together for			\$40.00

Additional Terms

- Once you agree to a package at a certain rate, you must pay for the full package. Monthly installments must be set to autopay using a major credit card.
- There are absolutely no refunds. You cannot change packages, but you can change the length of your lesson and the pricing will be adjusted accordingly. This change must be made in advance.
- Under some circumstances we will allow you to place the package on hold, if you are unable to continue training for the current competition you have chosen, but plan to enter in a different one in the future.
- If you need to cancel a booked private lesson time, you must give at least 48 hours notice. Notice given less than 48 hours and no shows will forfeit that lesson without refund. There will be limited exception given to weather and extreme circumstances. (We also live in Cleveland and understand the snow belt, and we have young children who get sick.) This is on a case by case basis and you must give us notice.
- No call, no shows will ALWAYS forfeit the lesson without refund.